Adventist HealthCare Annual Report





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ℓ At first, I wanted to be a teacher.

But as a teenager, I remember feeling helpless in a hospital ward, trying to understand the situation. My grandfather was unwell, and the doctors were so busy, hard at work, but still, somehow, he seemed to come last.

It made an impression; I vowed to be different.

As soon as I started medicine, everything came together for me. I knew almost immediately what I wanted to become. As a young medical student in the operating theatre, I realised that this is where the science and art of medicine came together.

Today, as a surgeon, I get to operate using my hands, and my brain, it's an incredible experience. Now that I'm also teaching surgery, I tell my students 'I owe it to humanity to help make you the best doctor you can be'.

I love the San because of its impressive history, values, the deep spirituality and outstanding clinical work, but mainly it's the people. We care about each other, not just outcomes, not just the bottom line. Nike says 'Just do it.' My mantra is 'Do it lovingly.' Here at the San, that's what we do... we do it lovingly. It's a good fit for me. My grandfather would have been proud.

Dr Sandra Krishnan Breast Surgeon

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Key Stats Adventist HealthCare

2019 - 2020

KEY STATS ADVENTIST HEALTHCARE 2019 - 2020 ANNUAL REPORT 2020



181,908 total patient episodes



18,063 emergency care presentations



23,826 overnight patient episodes



120,826 outpatient episodes



2,397 staff numbers



37,216 day patient episodes







1,156 accredited medical officers





Message from Glenn Townend BOARD CHAIR

Hospitals and medically trained people have to stand tall when faced with a global pandemic. Hospitals are to care for the sick and unhealthy at all times but in crisis they are needed all the more. I can say that Adventist HealthCare (AHCL) has stood the test and worked through all the challenges and implications that COVID-19 has brought to us. We have stayed true to the mission of 'Christianity in Action – caring for the body, mind and spirit of our patients, colleagues and ourselves.'

AHCL has been able to deliver the usual quality healthcare and fulfil its strategic goals and objectives. We can thank the government for the financial support, but it has been the staff that have remained focused and really shone. I know personally as I had a small medical procedure done during this time with an overnight stay and the care was absolutely world class. Thank you to all staff, those working at AHCL, volunteers and board members for being willing to adapt, give extra time and ensure the safety and protection of all who visited our facilities.

As a leading faith-based healthcare provider in Northern Sydney and beyond we will continue to innovate and expand to be a blessing to those who we encounter in this ministry of health.

Pastor Glenn Townend Chair, Adventist HealthCare Limited Board of Directors President South Pacific Division of the Seventh-day Adventist Church

Staff from Level 7 Clifford

Message from Brett Goods CHIEF EXECUTIVE OFFICER

I began my message in the annual report last year by thanking our people who, I honestly believe, are the key reason for the success of Adventist HealthCare (AHCL). At that point in time I could never have imagined the kind of challenges our health system would face with the arrival of COVID-19 and how it would test Adventist HealthCare and our people.

I am incredibly grateful to lead and work with such talented and caring teams, and am inspired by their commitment to our patients each and every day. Our staff and doctors have worked tirelessly to deliver excellent patient care, a safe working environment, and a sustainable future for the organisation. I am grateful for the expertise of my fellow Executive colleagues, the AHCL Board, and to the Medical Advisory Committee and senior clinicians for their wise counsel.

Reflecting on the past financial year and what has unfolded, I've been reminded that to deliver the very best healthcare requires both the head and the heart, and that living our mission has never been more important.

We kept three overarching principles as our goal this financial year – particularly through COVID: (1) Keep our patients, staff and doctors healthy (2) Come through this pandemic with a strong, sustainable organisation, and (3) Continue to make a meaningful contribution to the community we serve.

Adventist HealthCare's finances were impacted as a result of the Australia-wide government-mandated cessation of all elective surgery in the fourth quarter of 2019/2020 (as part of COVID precautions). However, the San and San Day Surgery Hornsby remained fully staffed and ready to respond to the demands of the COVID pandemic and, in return, the government has provided financial support to AHCL for the pandemic period. An agreement between the government and AHCL has also led to the opportunity to open our private operating theatres to public patients in support of waiting list reductions for local health districts.

We continue to work hard to regain any ground that was lost during the elective surgery closure, and both hospitals have become busy again. Agility in our service delivery has become vital – providing digital/online solutions where possible to continue our services, education and marketing programs. Staying connected to all our stakeholders and the broader community is particularly important through this period.

Despite the challenges of the past year, we have remained focused on furthering our vision of being a 'thriving faith-

based provider of world class care, inspiring hope and wellbeing'. We have continued work on our strategy and future growth plans, built stronger partnerships with our stakeholders, and provided services to promote the health and wellbeing of those we serve.

Thankfully the past year hasn't been all about COVID, and a number of initiatives illustrate AHCL's unwavering commitment to its mission. In August 2019 we launched a book 'Take me to the San – stories from a hospital with a mission', which highlighted the impact of mission since the hospital opened in 1903. In December 2019 the 'God of Hope' documentary and art instillation launched at the San – a collaboration between AHCL, Adventist Media, and the South Pacific Division of the Seventh-day Adventist Church. These initiatives affirm our belief that even through illness, trials and difficulties, God truly is a God of hope.

AHCL continues its long tradition of being an innovator in the Australian healthcare sector. In February 2020, the San in partnership with Australia's largest notfor-profit health fund HCF, launched 'Swaddle' – an Australian-first private-hospital initiative to deliver zero-out-of-pocket-costs for maternity care during pregnancy and birth.

We are grateful for the vital support of the San Foundation, which has enabled us to continue to innovate and implement new technologies, assisting our doctors and the patients they treat. During 2019-2020 the San Foundation supported the complete refurbishment of the cardiac operating theatre, and the refurbishment of the on-site low-cost patient/family accommodation Jacaranda Lodge.

This year has indeed been a year unlike any other and, as always, I feel privileged and grateful to work in healthcare with such an incredible team. It is through their skills and hard work and God's continued blessings that AHCL continues to be the remarkable organisation that it is.

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Brett Goods Chief Executive Officer Adventist HealthCare Limited

Strategic Focus

2019 - 2022

Vision and Strategic Priorities 2019 – 2022

During 2019-20, the Board, Executive and Leadership teams have worked together to implement initiatives supporting the 2019 – 2022 Corporate Strategy.

Our Vision is to be a thriving faith-based provider of world class care, inspiring hope and wellbeing.

The strategic work to achieve that vision has five focus areas which we are actively working towards including:

- Focused Growth
- Meaningful Community Impact
- Excellent and Efficient Services
- Aligned Governance
- Engaged and Achievement Focused People

All these are underpinned by our Mission of Christianity in Action and our core values.



STRATEGIC FOCUS 2019 - 2022 ANNUAL REPORT 2020

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Mission

(aring for the body, mind & spirit of our patients, colleagues, community and ourselves."

Strategic Focus Areas

2019 - 2022



Focused Growth

Meaningful (ommunity Impact





Vision To be a thriving faith-based provider of world class care, inspiring hope and wellbeing.

Highlights 2019 - 2020

San Heart Blackouts and Faints Clinic Opens

The San Heart Blackouts and Faints Clinic at Sydney Adventist Hospital opened in September 2019 as the first of its kind in Australia. The clinic provides patients with comprehensive nursing and medical assessments and tests to help identify the cause of unexplained blackouts and faints, a condition medically referred to as syncope. Consultations and all standard tests offered in the clinic are bulk billed. Cardiology and neurology specialists are on call to provide expert opinion on the next steps in testing and treatment, or on admission to hospital if required, all of which can be arranged in the one appointment, eliminating the need for multiple visits to different specialists in order to find a diagnosis.

Since its opening, close to 170 patients have been seen at the Blackouts & Faints Clinic. Throughout the year the addition of a tilt table has further enhanced the testing options available to patients free of charge.

Nurse Soon Long Wong assists a Blackouts and Faints Clinic patient (above), and, Dr Brian Plunkett, Dr Jason Sharp, Dr Dennis Wang and Dr Boong Joon Huh insert a Mitraclip device during a TAVR procedure (right)

Mitral Valve procedures build on long heart history

In a first for Sydney Adventist Hospital in October 2019, San cardiac specialists performed minimally invasive heart surgery on patients who otherwise would have limited options to treat life-threatening cardiac disease.

The second most common disease of the heart valves, Mitral Valve Regurgitation occurs when the valve doesn't close properly and allows blood to flow backwards in a reverse direction, forcing the heart to pump harder to distribute oxygenated blood around the body. It is often associated with ageing, a heart attack or heart failure with symptoms including chest pain, shortness of breath, fatigue, inability to exercise, fluid build-up and in more severe cases, loss of consciousness.

Traditional treatment methods include medications and open heart surgery which is often considered too risky for frail elderly patients.

In late 2019, Interventional Cardiologists Dr Jason Sharp and Dr Dennis Wang with Cardiothoracic surgeon Dr Brian Plunkett and anaesthetist Dr Boong Joon Huh, performed the first Transcatheter Mitral Valve Repair (TAVR) procedure. Accessing the heart through a vein in the groin, x-ray is used to guide and position a small device called a MitraClip into place. This clips together a small area of the mitral valve, still allowing it to open and close while reducing any potential blood flow in the wrong direction.

A complement to the existing wide range of procedures offered at the San for structural heart disease, the procedure was initially not funded under Medicare or private health insurance however was funded by Sydney Adventist Hospital during a trial period, building on the San's history of being the first private hospital in Australia to offer a fully integrated heart program for more than 40 years now. Ten procedures have now been performed at SAH.

Refurbished Cardiothoracic Theatre

Our newly refurbished Cardiothoracic operating theatre was officially reopened in April and celebrated in new COVID-safe style.

Funded by a \$1M donation from the Charles Warman Foundation to San Foundation, the San now has a truly state-of-the-art theatre in which to continue our world-class surgical cardiovascular work.

A small group gathered in the new theatre, joined by the donor family and San Foundation Board members via Zoom as cardiothoracic surgeon Dr Emily Granger demonstrated the new theatre features. These included 4K overhead cameras which allow the operating team to see clear and amplified detail during surgery and anticipate needs much faster; expanded capacity to integrate robotic procedures, enhanced vision through new video screens; and significantly greater bypass surgery capabilities. A representative from the Charles Warman Foundation officially declared the theatre open by switching on the new triple surgical lights. Collaborative surgery live streamed

Australian first collaborative surgery live-streamed

In an Australian first, a collaborative surgery performed by obstetrician and gynaecologist Associate Professor George Condous and colorectal surgeon Dr Walid Barto was livestreamed as part of our focus on education at the San.

Medical practitioners were educated on the benefits of high resolution ultrasound known as Sonovaginography as an alternative to diagnosis and staging of endometriosis, a disease that affects approximately 730,000 Australian women at some point in their life, with studies showing that more than 70% of women do not visit their doctor despite suffering chronic pelvic pain.

Traditionally, the only way to properly diagnose and stage the severity of endometriosis is through laparoscopic (keyhole) surgery. If diagnosed, women then undergo another surgical procedure to remove the diseased tissue, with additional surgeries later in life not uncommon. The high resolution ultrasound provides gynaecologists with a better overview of the extent of a patient's endometriosis and enables planning of a collaborative surgery with both specialists ready to operate and provide patient's with greater understanding of the likely surgical outcomes. The San is the only unit in Australia which offers both expert endometriosis ultrasound and advanced laparoscopy for women with endometriosis under the same umbrella.

Adaptive Intelligence[™] transforms Radiation Therapy at the San

In March 2020, a local Turramurra man became the first patient in the Southern Hemisphere to be treated with game-changing radiation therapy that personalises cancer care using Adaptive Intelligence[™].

With the installation of Varian Ethos[™] therapy at the lcon Cancer Centre, located in the Integrated Cancer Centre at the San, clinicians can now plan and deliver radiation therapy treatments with a new level of accuracy. Ethos[™] therapy enables monitoring of a patient's internal and external anatomy, including any shift of organs or slight changes in the size or shape of the targeted cancer. The Varian Ethos accounts for these movements and allows clinicians to change dose and delivery at every treatment session. An entire personalised treatment program can now be delivered in a typical 15-minute timeslot, compared with more than 40 minutes for other online adaptive solutions requiring manual reconfiguration during treatment.

Australian first Pain Management Procedure

Dr Vahid Mohabbati, specialist interventional pain physician, performed an Australian-first procedure at the San using a pioneering device to help a patient with chronic pain.

The woman in her 40s, was severely debilitated by chronic back and leg pain despite having had multiple surgeries.

The idea of blocking the human body's own electrical impulses to fight pain has been widely utilised in modern medicine, however this new matchboxsized implant was able to provide precise spinalcord stimulation and is capable of providing unprecedented results.

In overseas use, the device has reportedly reduced pain by up to 80 percent in 80 percent of patients. Unlike its predecessors, it can deliver a wide range of electrical currents, making it more versatile and expanding its use for pain caused by back or nerve problems, sciatica, diabetic neuropathy, abdominal pain, pelvic pain or cancer.

THOR UV-C

UV-C ultraviolet radiation emitted by a hightech mobile unit named THOR is the latest state-of-the-art technology to complement existing cleaning and disinfecting procedures in operating theatres, as well as clinical and procedural areas at Sydney Adventist Hospital.

Funded by San Foundation, THOR uses UV-C light to penetrate hard to reach hidden spaces and kill more than 99.99% of superbugs exposed to it in minutes, in an effective and environmentally friendly, chemicalfree way that doesn't damage the areas being treated. Ultraviolet is a form of light invisible to the human eye, existing on the electromagnetic spectrum between X-rays and visible light.

Acute Pain Service introduced

This service was initiated in August 2019, and provides all San inpatients with access to a dedicated team of Anaesthetists and Clinical Nurse Consultants to review, advise and care for patients requiring acute pain relief; including patients requiring specialised techniques of analgesia, such as PCA's (Patient Controlled Analgesia).

The San's Community Palliative Care service wins APHA Clinical Excellence Award

The San Community Palliative Care team won the prestigious Clinical Excellence Award for the 'Quality of Care and Patient Outcomes' category at the Australian Private Hospitals Association (APHA) Awards for Excellence in March 2020.

Supported by San Foundation and developed to complement existing inpatient palliative care, patients are able to access specialist clinical services providing complex care in a community setting, be that at home or in a care facility. It is available to adult palliative care patients living within 10-15 kms of the hospital.

This vital care provided by the San's dedicated Palliative Care nurse practitioners and doctors gives patients and their carers both choice and support when they need it most.

Dr Vahid Mohabbati, specialist interventional pain physician, performed an Australian-first procedure (left), patient undergoes treatment at our San Integrated Cancer Centre (top right), and Fox Valley Medical & Dental centre offers a drive through Flu Vaccination Clinic (right)

San cancer outpatient services rate highest in NSW for third consecutive year

In the 2019 Outpatient Cancer Clinics Survey conducted by the Bureau of Health Information and the Cancer Institute NSW, the San Integrated Cancer Centre (which operates in partnership with Icon Cancer Centre Wahroonga) achieved some of the highest ratings of care in NSW.

Over 13,000 cancer patients from 49 NSW facilities (including 3 private) were asked to evaluate their experiences regarding access to services, care planning and coordination, complications, follow-up and support. 375 patients from the San Integrated Cancer Centre responded to the survey, resulting in ratings 'significantly more favourable' than the NSW average across 10 performance measures – the highest of any facility.

Drive through flu vaccines for those aged over 65

Fox Valley Medical & Dental Centre conducted a drive through Flu Vaccination Clinic for patients over 65 this year, meaning that during the COVID-19 period, people were able to receive their flu vaccination in the safety of their car with minimal contact.

Over a 3 week period, Fox Valley Medical & Dental Centre vaccinated more than 1,400 patients at the drive through clinic and in the centre.

The hard work and commitment of staff was evident when looking at patient numbers, with double the number of consultations provided between late March and late April compared to the previous year.

Swaddle program launch

San Baby Bundle

Australian first Swaddle San Baby Bundle

CHC

In January 2020, the San and Australia's largest notfor-profit health fund HCF, announced an innovative collaboration – a comprehensive private maternity package with no out-of-pocket costs for patients. Branded Swaddle, the package gives expectant mothers with eligible HCF cover access to all the typical services expected during pregnancy and delivery with their choice of participating obstetrician at no additional cost. It includes ultrasounds, pathology, theatre and anaesthetist if required, postnatal maternity ward care, paediatrician and special care nursery if necessary.

This pioneering collaboration involved a large group of obstetricians, paediatricians, anaesthetists, diagnostic providers and San staff who partnered with the HCF team over many months to create a unique product with exciting benefits for maternity patients.

Swaddle has been well received by families looking for affordable private maternity care, with obstetric booking numbers increasing throughout 2020.

Instagram and Facebook launched

To coincide with the launch of Swaddle, Sydney Adventist Hospital launched its own Instagram platform @san.babies to provide another opportunity to further promote maternity education and activities.

Sydney Adventist Hospital's Facebook page was launched shortly afterwards and focuses on hospital-wide activities and achievements.



Both social media platforms continue to grow in engagement and followers.

Parkway San Clinic

San Radiology and Nuclear Medicine (SRNM) opens at Parkway San Clinic

In February 2020, SRNM opened its new purpose-built outpatient imaging practice in Parkway San Clinic (opposite the hospital campus). Services offered at the Clinic include an ultra-low dose CT (128-slice), digital x-ray, ultrasound and interventional procedures.

The Parkway San Clinic practice also includes the Breastscreen NSW Wahroonga breast screening site relocated from Fox Valley Medical & Dental Centre and two sessional consulting suites with dedicated reception and waiting areas.

Helping advance radiological skills globally

San Radiology & Nuclear Medicine (SRNM) hosted two radiologists from Vietnam visiting hospitals in Australia to learn about quality and safety initiatives and processes employed here to ensure the safety of our patients and the quality of care provided.

Dr Vien and Dr Truong co-founded a not-for-profit organisation in Vietnam called Centre for Healthcare Improvement Research (CHIR) to improve quality and safety for patients in public hospitals. The organisation has a network of over 25,000 clinicians at 200 hospitals. The two representatives spent the day visiting each clinical area within SRNM, learning about patient safety measures, documentation, staff training and education, and communication processes between departments within the hospital.



The visit was coordinated through Radiology Across Borders, an organisation SRNM has worked with closely in the past and will continue to support moving forward. The doctors will be able to take their learnings and shared resources provided from the San back to Vietnam to further improve quality and safety in their hospital networks.

(Below – from left) SRNM team members Lisa Tarlinton with visting Vietnamese doctors Dr Vien and Dr Truong, Geoff Andrews, Nadine Thompson and Caitlin Tu



l love to see people's eyes light up when they come in here and see all the beautiful things. They are stepping across a threshold that might help them forget difficulties in their lives.

San Volunteers have always put their heart and soul into everything they've done and made the Hospital feel special. COVID has been tough since they've had to stay away. The opening of San Glifts was a new way of engaging. It's the emotions the gifts inspire that create the magic.

As soon as they come in you can see how they look more at peace. Patients can be distracted from their pain, carers can find something to comfort or show love, staff have an easy go-to for family gifts when they are busy.

They're attracted by the colour but it's the empathy, the genuine interest and the connection that means they're smiling as they leave.

It's a special space. It's another place to show we care. μ

Sophie Rawsthorne San Volunteer

San Gifts *"Gifts that keep on giving"*

The power of gifts, donations, volunteering and teamwork were celebrated when the new San Gifts gift shop was blessed. Opened in mid 2020, on Level 4 of Sydney Adventist Hospital and run by our San Volunteer Team, the shop provides staff, patients and visitors with a range of thoughtfully chosen, beautiful gifts with a unique double benefit – finding the perfect gift for someone special helps raise money for life-saving equipment and supports the San.

@san.gifts

instagram

The shop is the result of a shared long-term vision by San Volunteers Manager Patrina McLean and AHCL CEO Brett Goods, recognising the power of gifts to provide hope and lift spirits.

The culmination of this vision was a major collaborative effort assisted by donations of supplies and labour from companies supporting the Hospital, for which the San is extremely grateful. Proceeds from San Gifts will help the San care for the community, which provided the motivation for the donations of materials, fixtures, labour and floor coverings.

> San Volunteers Manager Patrina McLean and AHCL CEO Brett Goods in our gift shop

Volunteers (from left) Karen Morris, Sophie

Rawsthorne and Maureen Attenborough

2019 - 2020 The year that was...

like no other

The unexpected arrival of COVID-19 during 2020, saw the healthcare system faced with challenges like never before.

Preparations for the potential of a significant impact on hospital facilities and supplies, as well as ensuring a safe working environment, placed enormous responsibility on executive, staff, doctors and in particular the Infection Prevention and Control (IPC) team. The measures put in place, from revised visitor protocols, to new policies around cleaning and updated procedures to incorporate temperature checks and health screening, ensured Adventist HealthCare facilities remained a safe place to work and visit.

Over recent months the San has been humbled by the many kind gestures and messages of support that have been received from local businesses, community groups and school children.

These range from donations to San Foundation to help fund onsite accommodation for nurses, doctors, cleaners and other staff, as well as nearly 3,000 sets of new procedural scrubs, sandwiches, wraps, cookies, coffee, hot cross buns and Easter eggs donated by local cafes, bakeries and church groups; and more than 100 messages of thanks and support from students at local schools. AHCL is immensely grateful for the generosity and thoughtfulness shown by our community.





We've always known the challenges infections can cause.

Infection prevention is critical to quality care and something we always take seriously.

It's always been a priority because we know how it can threaten our already vulnerable patients... and when we've provided life changing surgical and medical care, we want them to get home to recover and be well.

That's why we have a team, proactively and constantly monitoring changes in infectious diseases throughout the world...and thankfully we're proud of our results.

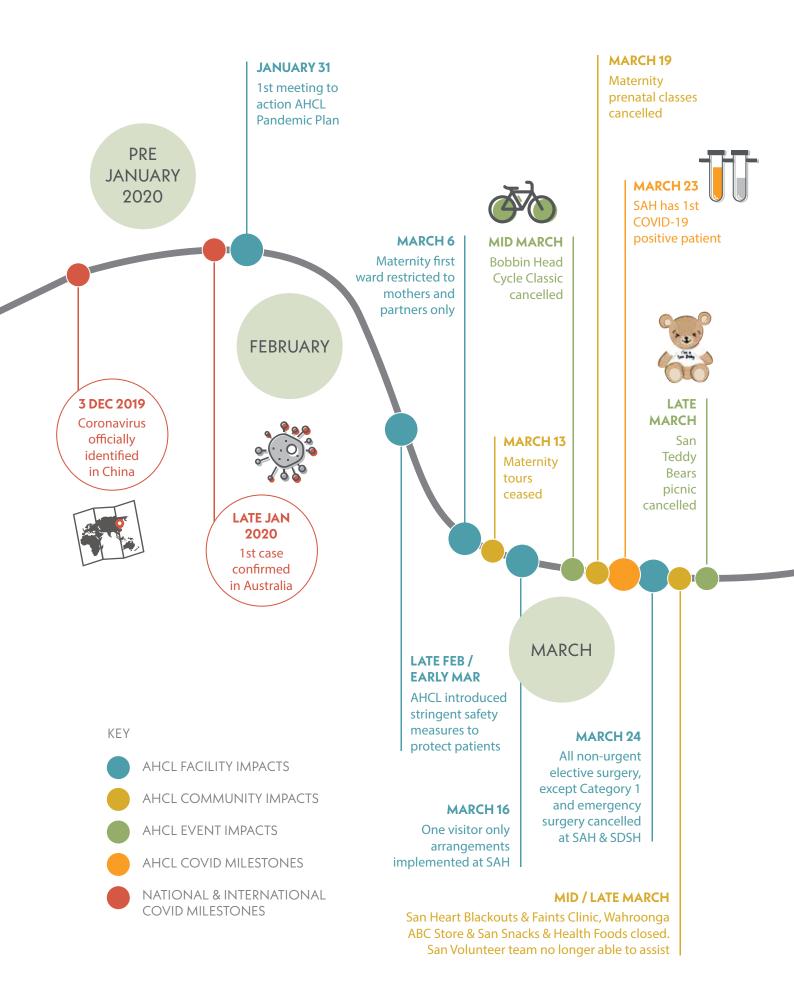
But COVID-19? It presented unprecedented risks that we needed to plan to minimise.

We immediately took on board advice from infectious disease consultants, other specialists, government authorities, locally and globally. Then we implemented systems and processes: at our admission and entry points, the public areas, the operating theatres, the wards – wherever and whenever needed.

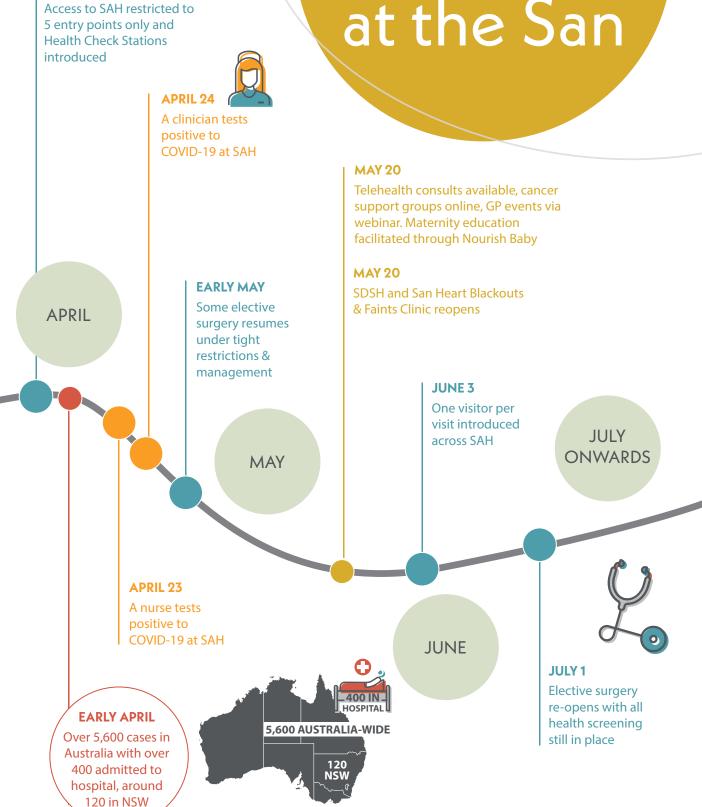
And it needed constant re-evaluation and agility. Medical and nursing teams have been amazing. Using personal protection equipment requires protocols, thorough processes and collaboration. We are so thankful to our teams... and the results speak for themselves.

Our teams are stronger for all the learnings, and our patients and staff safety has been maximised. $^{
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Jayne O'Connor Infection Prevention Team



The impact of COVID-19 at the San



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 ℓ It makes patients feel safe when they realise that they are at the centre of a team, all focussed on their care.

Looking after cancer patients is not just about delivering drugs and treatments, it's about caring for the whole person. Cancer care is becoming more complex, as we have a better understanding of the biology of the disease, which means we can make decisions about how to tailor treatments to the individual's needs.

Those needs are broad – from screening and diagnostics, to surgery, chemotherapy, radiotherapy, pharmacy, physiotherapy, allied health services and psychosocial support. Multi-disciplinary care and collaboration can transform patient care and remains at the heart of the San Integrated Cancer Centre.

Delivering excellence in cancer care, supporting our health professionals, benefitting our patients. $^{m eta}$

Associate Professor Glavin Marx

Medical Oncologist & Clinical Director, San Cancer Services



Mission is integral to our culture

Mission integration throughout the organisation is something we are incredibly passionate about – bringing our mission to life every day through all activities and interactions with the communities we serve, is an integral part of our reason for being.

Mission Integration Plan

Our Mission Integration Plan provides the framework to enhance Mission awareness within the organisation.

A Mission video is recommended to all employees, providing education on our historical background, our mission and our Adventist identity. Each person appointed to a leadership role meets with the Director of Mission Integration, and awareness sessions are run for nursing staff, particularly those identified as potential leaders, with plans to further reach our doctor community in the future. A Mission segment is a standard agenda item for all key leadership meetings.

Associate Professor Gavin Marx, oncology pharmacist Marion Wright and San Day Infusion Centre Manager Helena Wu (left) and Guest Presenter Dr David Tasker at Spiritual Care Week 2019 (right)

Chaplains Symposium

Spiritual Care Services, in partnership with Spiritual Care Australia, had planned the annual conference for Chaplains from around Australia, New Zealand and the Pacific, however unfortunately due to COVID-19 the conference was postponed to June 2021.

The theme for the conference is 'The Road Less Travelled'.



Mission Ambassadors

The ongoing Mission Ambassador program provides encouragement and a structure for peer initiated mission enculturation throughout the hospital and recognition for staff who are examples of mission in various way.

Spiritual Ambassadors

Approximately 20 Spiritual Ambassadors quietly minister and serve the organisation within their workplace environment. This initiative has great potential and will be further integrated into the AHCL Spiritual Care strategy.

Spiritual Care Week

A week long program of prayer and celebration of whole person care was held in October 2019. Staff were invited to attend morning and evening sessions with guest presenter, Dr David Tasker. The theme was 'HOPE'. All wards and business units were visited by chaplains who offered prayers, encouragement and support.

Vespers

Vespers (prayer services) occur every Friday evening, where everyone is invited for prayer, reflection on Biblical stories and worship in song.

Sabbath Praise

Happening once per month, this community-based program features guest presenters and a focus on music, and is streamed to all patient rooms through San TV.

First Friday

The first Friday of each month sees visiting local churches partner with the San community to share stories of healing and restoration, communal prayer and worship in song, with services streamed to patients through San TV.

Monday Mission

Our weekly newsletter focusing on specific aspects of the organisation's Mission and Values, the Monday Mission Message is distributed throughout the organisation and shared with AHCL Board members and wider stakeholders. The newsletter includes suggestions for the weekly focus and a simple prayer that can be used in meetings.

More Care

'More Care' is driven by our philosophy of wholeperson care about and for our patients. Initiatives are implemented throughout the organisation focusing on Connecting, Accountability, Respect and Empowerment.



Clinical Pastoral Education

This is our third year offering Clinical Pastoral Education at the San, and there is strong interest in this program continuing on a regular basis and growing in the future. The seats for our four-unit course in 2021 are already filled. In November 2019, five people graduated after completing the program, all of whom are currently involved in chaplaincy.

Prayer Requests

Each year hundreds of prayer requests are received and every request is attended to. Those who desire personal interaction are contacted in person or by phone, and future plans involve having 'live prayer requests' every morning during the 8:15am worship at the chapel. The God of Hope project also facilitated a new digital way of requesting prayers and chaplain visits.

Prayer Partners

Each month a Prayer Partner newsletter is sent to approximately 120 people in our broader community who have expressed their desire to pray for AHCL on a regular basis, seeking prayers and support for specific requests.

Prayer Groups and morning worship

Every morning begins with a short worship service in the chapel at 8:15am, open to everyone, and there are a number of prayer groups at various times throughout the day. We are growing the morning worship into a ministry serving all patients via San TV.

Chapel upgrade now completed

With generous donor support, our Chapel has been upgraded with a new sound system, upgraded video and lighting facilities and digital panel displays. This will better serve our patients viewing the services in their rooms through San TV. Our aim is to create a calm and relaxing space for reflection and prayer.

San Spiritual Care Channel

Our Spiritual Care Services team are working closely with Adventist Media to establish an additional TV channel with Spiritual Content 24x7.

Compassionate Care Calls

Mission Integration at the San now involves intentionally reaching out to the community through compassionate care calls to people who may need someone to talk to. This has become an immediate need due to COVID-19.

San Volunteers

The San is blessed to have more than 500 dedicated Volunteers who give their time freely to help patients, our staff and their community.

By using their varied skills throughout many areas of the Hospital, they provide an invaluable service that is greatly appreciated by both patients and staff members. Our San Volunteers assist nursing staff on the wards with non-medical activities, serve in San Snacks & Health Foods, greet and assist hospital patients and visitors on arrival and as they leave, help patients and community members who use the facilities of Jacaranda Lodge and the Cancer Support Centre, provide Spiritual Care with Volunteer Chaplains, and support office staff in various hospital departments. The majority of the San Volunteers commit to a minimum of one four-hour shift per week.

In March 2020, COVID-19 had a huge impact and the volunteer program was suspended temporarily. Our highly valued volunteer team stayed home and stayed safe as the worldwide pandemic hit. Keeping connected and engaged with our volunteer team took on a more "virtual" connection and many messages of support for our hospital staff poured in. Our Volunteers have kept engaged with knitting blankets, beanies, baby booties, crocheting San Bear faces, sewing masks and crocheting mask extenders – all in support of the hospital that they love. The hospital benefits enormously from the dedication and commitment of the San Volunteers.

God of Hope

The God of Hope Exhibition was launched in December with a range of artworks themed on Hope, Prayer and Spiritual Wellbeing on display across Level 4 of Clifford and Clark towers.

The exhibition, sponsored by the South Pacific Division of the Seventh-day Adventist Church includes a range of photographs and paintings and an Adventist Media produced film, 'God of Hope' showcasing the creativity and spirituality of three of the photographers whose artwork is featured in the Exhibition.

The award-winning documentary is now available for viewing within the hospital on San TV as well as via a dedicated website featuring the God of Hope project.

Cancer Support Centre

Despite being impacted by COVID-19, the San Cancer Support Centre has increased the number of support groups offered this year to more than 200. The availability of their already established Web Portal allowed Cancer Support Centre staff and volunteers to remain connected with participants as face-to-face support groups transitioned to online sessions, and made joining meetings an easy process for patients, carers and family members.

The first to move online was the Mindfulness Group, offering support and aiming to reduce anxiety during changing and challenging times. The portal has been accessed more than 1,600 times since March this year, with more than 150 resources downloaded. Eight different support groups are now regularly held online, with new members from regional Australia and abroad now also able to participate.

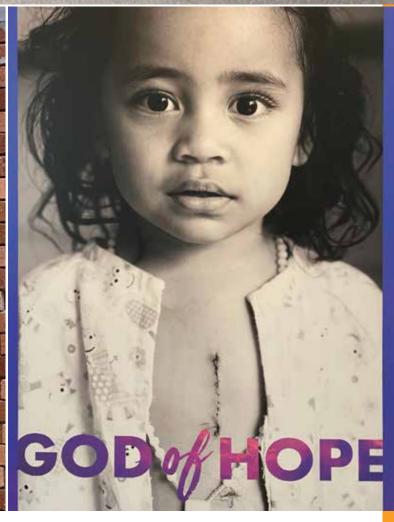
MISSION IS INTEGRAL TO OUR CULTURE ANNUAL REPORT 2020

Our San Volunteers knit beautiful booties for easter (far left), Leon Clark poses with his portrait for the God of Hope Exhibition (inner left) and The God of Hope Exhibition (this page)

Our Cockie WarBëhr – Painted mural, 2019

This local sulphur-crested cockatoo holding a piece of wattle was inspired by the classic dove holding an olive branch. It's an unashamedly Aussie take on a symbol of hope.

WarBëhr called the mural Our Cockie after learning the Sydney Adventist Hospital volunteers had given it this nickname.



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Care

San Doctor

Quality and excellence

Prof Brian Jones and Prof Henry Woo with Brett Goods, CEO

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Delivering our healthcare services to the highest quality and excellence is something we strive to achieve every day for our community. We take very seriously the need to constantly push the boundaries of what is seen as 'excellent' service.

Inaugural San Doctor Gala Dinner and Awards

Sydney Adventist Hospital doctors were recognised, thanked and awarded for their passion, expertise and commitment to the San during a special event held at the Harbourside Taronga Function Centre in September 2019. Master of Ceremonies Jean Kittson, alongside CEO Brett Goods, AHCL Chairman Glenn Townend and Dr Jeanette Conley, presented awards to three highly deserving winners nominated by their peers and hospital staff.

The San Dr Award was awarded to Professor Brian Jones for his altruism, compassion, integrity and leadership; his educative and mentorship role; and his wholistic approach in caring for the body, mind and spirit of patients. Retiring in 2019, former Medical Advisory Committee Chairman Professor Jones was characteristically humble about his award and expressed the joy he has experienced during his 33 years working at the San.

The prestigious San Dr Academic Award was awarded to Professor

Henry Woo in recognition of his leadership and innovation, and commitment to education and skills sharing. As a Professor of Surgery at the University of Sydney and a foundation member of the academic staff of the Medical School onsite at the San, Professor Woo has been prolifically involved in clinical trials and publication of research findings, saying it is a privilege and honour to be recognised with the San Dr Academic Award for his academic work.

The San Dr Community Services Award was awarded to Dr Ian Nicholson OAM. An Order of Australia recipient in 2014 and finalist for the Australian of the Year in 2016, Dr Nicolson has carried out more than 50 volunteer life-saving heart missions in the South Pacific, South America and East Africa with the San supported

humanitarian aid program Open

Heart International.

Dr lan Nicholson being presented with the San Dr Community Services Award by Dr Jeanette Conley, Medical and Clinical Governance Executive (above)



Safety and Reliability Improvement Program

In 2015, Sydney Adventist Hospital was selected to join seven Asia Pacific organisations as the Cognitive Institute's Safety and Reliability Improvement Program (SRIP) partners.

The partnership with the Cognitive Institute is long term and involves working collaboratively to deliver improvement projects, develop leadership capability and improve accountability practices across the Hospital. The support of all San clinicians, support staff and leaders is paramount to the program's success to ensure an environment in which staff feel safe and comfortable to speak up whenever they see something that may endanger safety for patients or staff.

'Speaking up for Safety' is a program which builds on the commitment and professionalism of AHCL staff to provide training, reporting, auditing and ensuring follow up action. It encourages a high performance culture of safety and reliability to improve patient care. With limitations on face-to-face training this year a Speaking Up For Safety Refresher video was made available to leadership and staff, focusing on safety during COVID-19.

Quality Management and Accreditation

AHCL has successfully achieved all necessary Accreditation requirements during the annual ISO 9001 Quality Management Systems Certification held in August 2020 for both Sydney Adventist Hospital and San Day Surgery Hornsby. This years' audit was conducted online via ZOOM meetings in a way that still allowed the survey team to assess clinical processes.

We are proud of our comprehensive quality management program to monitor, assess, evaluate and improve the quality of patient care across the organisation. The philosophy of continual process improvement is supported by a corporate Adventist HealthCare Quality Awards program.

Quality Awards

The annual Adventist HealthCare Quality Award's Dinner held at Oatlands Golf Club in November 2019 saw members of the AHCL Board and executive team join management and staff members in celebrating excellence in care and quality improvement initiatives at Sydney Adventist Hospital and San Day Surgery Hornsby. Now in its 20th year and supported by past, current and future Presidents of Wahroonga Rotary Club, the evening recognised recipients of customer service excellence awards and quality improvement project winners in clinical and non-clinical areas. Surgical Centre team member **Belinda Chatman** was announced as the 2019 Mission Ambassador, having been nominated for her treatment of others with respect and dignity, her inspirational involvement with the 'Wrap with Love' program to provide knitted blankets around the world, and her work with a local Rural Fire Brigade.

Team and Project Award winners:

- TOP 5 Award Gee Ward for the best implementation of programs to identify and assess dementia and cognitive impairment, and strategies to support these patients
- Clinical Care Award Coronary Care Unit for 'Temporary pacing check made really easy'
- Customer Participation Award Surgical Centre / Marketing Department for 'Your Pre-Op Surgical Journey Information Sheet'
- Supporting Services Award San Radiology & Nuclear Medicine / Information Services for 'Requesting Mobile Imaging Services'
- Hand Hygiene Award Special Care Nursery

The Inaugural Heart of the San Award saw 5 of the 20 applicants rewarded for their passion and commitment in their workplace with the opportunity to be involved in an Open Heart International medical trip to help provide life transforming procedures to people in third world countries. The winners were Genena-Rose Burton (CCU Registered Nurse), Karen Jessop (New Graduate Nursing Coordinator), Mark Kinny (AIN/Wardsman), Tess Osborne (Gee Ward Registered Nurse) and Kate Fath (Corporate Analyst). These trips will be organised when OHI is able to travel internationally once again.



Assoc Prof Payal Mukherjee, and Dr Michelle Atkinson were elected Chair & Deputy Chair respectively of the NSW Committee of the Royal Australasian College of Surgeons (RACS)

EDUCATION AND RESEARCH ANNUAL REPORT 2020

Education and Research

This year has seen exciting developments in research and education as AHCL builds on an established research base with our active Research Advisory Committee. The introduction of our inaugural San Foundation Research Awards, the provision of free statistical advice to all AHCL staff, and ongoing work in developing the Research Fund all continue to see a heightened focus on education and research at AHCL

SAH Clinical School of the University of Sydney

Sydney Adventist Hospital has an onsite clinical school and has been an affiliated teaching hospital of the University of Sydney for more than 20 years. Students continually perform well both academically and clinically and appreciate the opportunity to learn at Sydney Adventist Hospital, which is a proud testament to the teaching, mentorship, input, and enthusiasm of SAH clinicians, specialists, and staff, and support from the AHCL Executive.

Clinical School Management

Recently confirmed Head of SAH Clinical School Associate Professor Michael Hughes is well supported by Deputy Head Associate Professor Stephanie Phillips, one of the first academic appointments to the School in 2010. In August 2019, Research Leader Associate Professor Alvin Ing resigned from the role to which he brought a zeal for teaching and provided consummate support for student research. The Schools' wellestablished MD Research Project environment is now in the capable hands of Associate Professor Arthur Richardson.

Impacted by COVID-19

The impact of COVID-19 saw the University of Sydney rapidly shift to delivering many aspects of the Sydney Medical Program online with many clinicians and academics teaching via ZOOM. The support of SAH staff, AMOs and allied health professionals helped ensure senior medical students remained clinically engaged even at the height of the pandemic, and means the 2020 program for medical students has largely progressed and students should finish their degrees as scheduled.

> A/Prof Michael Hughes spending time with medical students from the SAH Clinical School of the University of Sydney



EDUCATION AND RESEARCH ANNUAL REPORT 2020

 $\mathcal{R}_{Our ageing population will see an explosion of prostate disease in the future.$

Being a pioneer trying to find new ways to treat disease is often equated to simply being an early adopter of new technology or procedures. The reality is there is a great deal more to it.

Bringing new procedures to Australia carries the responsibility to document and share the outcomes for research. There's also a responsibility to provide feedback on how to make advances based on the data. And of course, then there's a responsibility to teach others, who will then, in turn, help disseminate further.

Equally important as reporting the successes however, being a pioneer carries a responsibility to acknowledge the failures of new technology and procedures. This is I why both my patients and I value the research rich environment we have established at the San.

Our patients get opportunities to participate in clinical trials that not only provide another option for managing their personal disease, but may also lead to better outcomes for many.

I believe in the future, we may see prostate cancer become a chronic disease men die with, rather than die from. $\mathfrak N$

Professor Henry Woo San Urologist

Avondale University College

Our longstanding education partnership with Avondale University College's Faculty of Nursing continues to deliver exceptional nurses to the Australian healthcare industry as they train on-site at the Clinical School alongside allied and medical students.

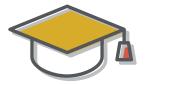
> This year more than 380 students were enrolled in Bachelor and Masters of Nursing courses with 85 students graduating in 2019.

During the pandemic students carried out volunteer placements conducting COVID screening tests at the Clinical Education Centre, however unfortunately they were unable to participate in the usual mission trips and service projects this year.

San Education

AHCL has a long standing commitment to educating the healthcare workforce. As a result of COVID-19, this education is likely to look very different in the future.

During the 2019/20 year:



San College of Education (SANCE)





San Education held

22 education workshops



eLearning made

18,063 clinical packages available for staff

Grand Rounds

Professional multidisciplinary education for doctors, GPs and allied health staff featured renowned specialists presenting on a range of topics at two face-to-face Grand Rounds events and at our first remote Grand Rounds.

With almost 90 AMOs, nursing and hospital staff registered, the online Grand Rounds was based in the MDT Conference Room and focused on 'The Social Distancing COVID patient' with discussion points around how to manage a COVID-19 patient, treatment options and social impacts of family and friends.

Medical Updates for Health Professionals

As part of our ongoing commitment to professional development among our local medical community, many of our Accredited Specialists participated in AHCL's Medical Updates for GPs and physiotherapists throughout the year, sharing insights into new treatment approaches and technologies to keep our local GPs and allied practitioners up to date and enabling them to deliver better care to their patients.

Due to COVID, these have been held as online webinars since early 2020 and have been well attended by local GPs, while also attracting new audiences throughout NSW.

Overall more than 830 AHCL staff and community healthcare workers participated in education programs through San Education in 2019/20.

San College of Education temporarily paused operating between March and July due to the COVID crisis, during which time staff focused on transitioning to online education courses and packages which they hope to make available progressively in the next few years.

First Aid is now being delivered using a blended approach of online learning via webinar with minimal face-to-face time, CPR training can now be delivered fully online via Zoom, and Anaphylaxis training is also being delivered online for some clients. The Certificate IV in Training and Assessment (TAE40116) is also now being delivered via Zoom – all of which is a significant change for both our educators and our learners. Presenting at our first remote Grand Rounds

Community Education

Free Public Health Seminars

AHCL has a long-standing commitment to sharing important health and wellness education with our community. In 2019/20 our remarkable doctors and allied health professionals presented a face-to-face free Men's Health public forum before circumstances forced a change to an online format and a very successful Pregnancy and Maternity webinar was held in mid 2020.

Maternity Education

San Maternity has a long history of providing outstanding maternity services for our community, as well as offering a comprehensive education program for new families. In any normal year our maternity educators are kept busy helping our community deliver and raise their children with approximately 1,600 new parents and carers attending face-to-face learning including Choices in Childbirth, Caesarean, Breastfeeding, Babycare and Grandparent refresher classes plus 1,300 expectant parents attending ward tours. Unfortunately, with the safety of all as our primary focus, prenatal classes and tours ceased in early March. Our patients were soon able to access free online education through an arrangement with Nourish Baby, and our maternity educators are now busy working towards being able to provide much of this education in a combined video and interactive webinar format in the near future, and hope to return to face-to-face learning in a COVID-safe environment when possible.

Clinical Trials

The San Clinical Trials Unit offers participation in multi-centre, national and international clinical trials run by pharmaceutical companies and national and international collaborative groups such as Australasian Gastro Intestinal Trials Group (AGITG), the Australian and New Zealand Urogenital and Prostate Cancer Trials Group (ANZUP) the ANZ Gynaecology/Oncology Group (ANZGOG), and the ANZ Breast Cancer Trials Group (ANZBCTG).

The Unit is made up of a collaborative team of medical oncologists, haematologists, radiation oncologists, clinical trial coordinators, pharmacists, and experienced oncology nurses, pathology and radiology staff. It provides oncology, haematology and radiation oncology patients treated at Sydney Adventist Hospital with the best possible treatment outcomes.

COVID-19 has impacted the clinical trial community both at the San and internationally. With restrictions affecting levels of personal contact, alternative testing methods have been rapidly developed with patient safety as the highest priority. New and innovative methods of data collection, and the necessary rethinking of current processes will hopefully bring about positive outcomes in the clinical trials environment in the long term. As a result of our ongoing responses to the pandemic, no patients at AHCL have ceased their trial participation. The Unit has expanded its impact throughout the organisation, assisting with a number of ethical and governance submissions for other departments.

Patients are offered the opportunity and ability to participate in the most current treatment options available through clinical trials. Currently the San Clinical Trials Unit has 50 active clinical trials across many different sub-specialties including bladder, breast, gastrointestinal, germ cell, haematological, lung, pancreatic, prostate, renal cancers and solid tumours along with pain management. The Unit has participated in more than 100 clinical trials involving more than 1,000 patients since it was established in 2005.

Dr Ashley Creighton

Prestigious Appointments and Recognition

Associate Professor Payal Mukherjee, Ear Nose & Throat surgeon and Dr Michelle Atkinson,

Orthopaedic surgeon were elected Chair & Deputy Chair respectively of the NSW Committee of the Royal Australasian College of Surgeons (RACS). In a significant first for the RACS, they are the first females to jointly lead the NSW Committee. The RACS is the leading advocate for surgical standards, professionalism and surgical education in Australia and New Zealand, and encourages ongoing development of expertise and lifelong learning of more than 7,000 surgeons and 1,300 surgical trainees and international medical graduates across different surgical specialities.

The San's commitment to education was highlighted when **Dr Ashley Creighton**, a University of Sydney research student under the supervision of coresearchers and San Anaesthetists, **Clinical Associate Professor Paul Stewart** and **Associate Professor Stephanie Phillips** received The Gilbert Troup Prize research award. Dr Creighton presented her research to the Australian Society of Anaesthetists National Scientific Meeting in September 2019. The Gilbert Troup Prize is the most prestigious research award of the Australian Society of Anaesthetists and this is the third time research conducted at the San under the supervision of A/Prof Stewart and A/Prof Phillips has been awarded it.

San psychiatrist **Associate Professor Milton Roxanas** was honoured by his nomination for the committee of the Board of Curators of the Osler Library of the History of Medicine at McGill University in Montreal, Canada. Sir William Osler is considered to be a model of excellence for the medical profession, and is one of the most honoured physicians in the history of medicine with his writings widely considered to have influenced the development of the medical profession.

Australasian Research Institute

For more than 16 years, the Australasian Research Institute (ARI) has been a collaborative venture of AHCL, Avondale University College and Australian Health and Nutrition Association Ltd and it conducts and facilitates research into the mechanisms linking lifestyle to both better health and the development of disease. It works to ensure this knowledge is translated, wherever possible, into clinical and community practice. In 2019/20, the ARI has been leading or supporting more than 11 research projects involving 18 ARI staff members, SAH doctors, Avondale staff, students of the SAH Clinical School of the University of Sydney, and university PhD students and researchers both in Australia and overseas.

INTERNATIONAL

CONVENTION

SYDNEY NATIONA

SCIENTIFIC CONGRES

ENTRE

AUSTRALIAN SOCIETY OF ANAESTHETISTS 20-24 SEPTEMB

During this time, ARI researchers also had 6 full research journal articles published and presented papers at 5 scientific / medical conferences, while ARI Director Ross Grant delivered 17 lectures on health-related topics to various churches, health and community groups throughout Australia and the USA, and was interviewed on both commercial and community radio on numerous occasions.

Key developments of the ARI are successful completion of the first trial of a multimodal (including lifestyle) program for clients with mild cognitive impairment with commercial sponsorship now engaged to initiate a larger clinical trial. Other programs such as the 'Targeted brain training for adolescent depression recovery' are ongoing. The ARI has also recently established a method for measuring activity of natural killer cells (an essential part of the immune system that combats both cancer and viral infections), and has initiated a new study to look at the effect of various lifestyle factors on natural killer (NK) activity. World leading ARI research into the role of the essential molecule NAD+ in ageing and degenerative disease is ongoing and has resulted in a patentable new method for chemically preserving NAD+ in human whole blood, enabling reliable testing on samples collected anywhere in the world.

Community

Our community celebrates at San Carols (main image) and Silvie Paladino joined musical theatre star Michael Cormick at the San Carols (inset)

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Caring for our community is part of AHCL's Mission and it happens in various ways and forms. Through education, fundraising, community events and volunteering, we share messages of health, wellbeing and care by building deep relationships with those around us.

Carols by Candlelight

Christmas spirit was evident amongst the thousands of local community members who gathered on the San Village Green for the annual San Carols 2019. Returning to the San stage, well-known performer Silvie Paladino joined musical theatre star Michael Cormick, students from the Wahroonga Adventist School Choir, carols regular Jana Aveling, Endless Praise and Dave Martin and the Carols Band for the much-loved main event. Earlier in the day, kids were entertained by activities including face painting, a petting farm, balloon man, Westleigh Rural Fire Service, Santa photos and San Bear before singing and dancing to The Grinch Christmas Show.

Teddy Bears' Picnic

With the developing COVID crisis early in the year, our annual Teddy Bears' Picnic was unfortunately one of the first major events cancelled. Parents that would have been invited were encouraged to hold their own 'virtual Teddy Bears Picnic' and connect via our @san.babies Instagram account, and products donated by event sponsors were instead distributed to maternity patients on the ward.

Raising Awareness & Funds to Support Great Causes

A BBQ held at the San in October 2019 for the 10,000 Toes Campaign raised close to \$2,500, the equivalent of supplying 24 diabetic screening kits to remote villages in the Pacific, further assisting to combat Type 2 Diabetes and other non-communicable diseases in the South Pacific islands

San Volunteers wore pink and raised awareness of breast and gynaecological cancers as they raised funds 'Pink lady silhouettes' for Pink Ribbon Day

Poppies knitted by San Volunteers were
displayed on the front lawn of the Hospital and around the Healing Garden near the Cancer
Centre in celebration of Remembrance
Day on Monday 11th November, a poignant reminder of the sacrifice of the original
ANZAC's and the generations of service men and women who have served in war

AHCL celebrated our 600 male employees on **International Men's Day** and the valuable contribution they make across **their many roles** at AHCL

Our more than 1,700 female employees were also applauded as AHCL joined the world wide celebration of International Women's Day, recognising that 75% of healthcare professionals are female Evelyn Chiriseri celebrates Stroke Week (top), tucking in to the food at the 10,000 Toes campaign fundraiser (bottom left), our volunteers knitted poppies to mark Remembrance Day (bottom middle) and staff celebrate International Men's Day (bottom right)



STROKE WEEK **ARMS, SPEECH, TIME** Stroke

San Radiology team 'The Snippets' shaved and coloured their hair to raise funds for The Leukaemia Foundation as part of the **World's** Greatest Shave

Adventist HealthCare team members continue to volunteer at **local food truck initiative The Dish** which has seen an increase in numbers during the COVID crisis, and has had to change the way it operates due to social distancing

Cancer Support Centre highlighted Bowel Cancer Awareness Month in June **selling red apples and awareness ribbons throughout the hospital on Red Apple Day.** 200 Bravo apples were donated by a local fresh produce delivery service happy to help support Bowel Cancer Australia

San Stroke Unit were delighted that some of the team members were **featured in the posters from the Stroke Foundation supporting National Stroke Week**, highlighting the heroes who can save lives by knowing and responding to stroke symptoms – changes to the face, arms and speech and being timely to react – FAST

In a great display of caring for our community San staff members raised over \$14,000 for the Red Cross Bush Fire Appeal, and with AHCL matching donations up to \$10,000 the total was more than \$24,000

Debbie Staggs driving for the Berowra Rural Fire Service (main), SAH Pharmacy Director Steven Crago firefighting (inset – 4th from right)

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BEROWRA

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San staff members and their families were amongst the great humanitarians volunteering to assist during this years' fire crisis. Debbie Staggs (San Radiology) and her husband are both members of the Berowra Rural Fire Service, driving both large and small fire trucks and attending fires north and north-west of Sydney and in Nowra this season. Neil Mendonsa (San Radiology) uses his specialist skills as a volunteer with St John's Ambulance for 7 years now, and was based at a camp in northern NSW with duties including 24/7 call/response for firefighters; running a general health clinic treating injuries like minor burns, smoke inhalation, smoke in eyes and respiratory conditions. Steven Crago (SAH Pharmacy Director) recently joined the Westleigh Fire Brigade after qualifying as a Basic Firefighter and was quickly deployed to assist day and night in firefighting, back burning, and property protection.

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Neil Mendonsa uses his specialist skills as a volunteer with St John's Ambulance

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Media & Radio

More than 50 health and wellness related interviews with AHCL specialists and staff were presented on radio 2GB during 2019/20 on a wide variety of topics as part of our ongoing relationship.

In addition, a range of doctors and staff have participated in close to 30 health and wellness segments of the 'Mums at the Table' TV chat show.

AHCL events, doctors, staff and initiatives continue to feature in local, national and industry press both in print and TV coverage, illustrating our position as respected healthcare leaders.

Open Heart International

Open Heart International (OHI) is a humanitarian aid program initiated by Sydney Adventist Hospital in 1986 and now part of the Adventist Development and Relief Agency (ADRA) Australia. Based onsite at the San, the OHI program transforms lives in developing countries where individuals have little or no access to specialised healthcare. Volunteer medical teams provide cardiac, ophthalmology, women's health, plastic and reconstructive surgery and train local staff. Since 1986, 206 trips have been conducted with over 7,455 patients treated in countries including Cambodia, Fiji, Solomon Islands, Vanuatu, Myanmar, PNG, Tanzania, Philippines, Nepal, Tonga, India and Bolivia.

In 2019/20 OHI undertook 6 projects in 4 countries, treating 89 patients. There were more than 120 volunteers involved, 12 of whom were AHCL employees and doctors. All projects this year were cardiac trips, to Papua New Guinea, Tonga, Tanzania and Myanmar.

Despite being impacted by COVID-19, there were a number of exciting developments this year. OHI participated in the grand opening of Port Moresby General Hospital's new cardiac catheterisation laboratory and its first procedures, and thanks to growing funding through our partnership with ADRA Australia and the Federal Government's Australian NGO Cooperation Program, they provided additional equipment in Tonga. They also undertook the first ever Coronary Artery Bypass Graft procedure in Tonga.

While volunteer teams may not be travelling right now, they are improving the way they work for even greater impact, finding new ways to support colleagues and friends in the partner hospitals normally visited, and working with in-country partners to support preventative health measures like never before, and working on initiatives that will improve future efficiency.

Glenys Chapman Scholarship Winner in 2019

The Glenys Chapman Scholarship awards a new graduate nurse at Sydney Adventist Hospital an opportunity to experience how working and volunteering in a developing country results in a life-changing experience. Named after nurse and OHI volunteer Glenys Chapman, who devoted her life to helping patients both locally and abroad, this scholarship honours the tremendous contribution that Glenys made to Open Heart International and the community.

In 2019 the scholarship was awarded to Laura Theakston who was working on Poon Ward. At the time, Laura planned to travel with the Nepal Women's Health and Burns surgery team in 2020, saying "receiving this scholarship is a dream come true. I've always wanted to travel to Nepal, and to be able to do it as a nurse with Open Heart International is going to be amazing." This is currently postponed until OHI is able to travel internationally once again.

Staff celebrate the World's Greatest Shave fundraiser (below), and Laura Theakston awarded the Glenys Chapman Scholarship 2019 (right)



GLENYS CHAPMAN OAM

OPEN HEART

GLENYS CHAPMAN SCHOLARSHIP

LAURA THEAKSTON

Glenys Chapman OAM - Nurse Leade

Glenys worked at Sydney Adventist Hospital for 41 years comm 1974 and in following years as a registered runse, midwife and was a highly skilled and respected professional, and was mittiimplementation of the day surgery unit in 1991. She went on to Admission Centre, Endoscopy Suites, and Pre-Admission Centre and a key role in instabilishing the Surgeral Cent

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Reing in an acute care setting with life-altering and life-affecting work makes you feel like you are contributing to the bigger picture. With COVID-19 at first we were feeling quite anxious — there was an eerie uncertainty about what it meant.

Having to plan and work through a Pandemic magnified the importance of having a strong team with a strong foundation. We were able to lean into it, rather than resisting because there was trust in team members, strong relationships built on respect for each other's roles, and we've all had a part to play.

We knew we had to be malleable and flexible and not to hold onto things, but to keep going and move and adjust with changes that were happening daily.

It also highlighted the importance of communication and connection because we had to keep each other informed to keep each other safe.

It was the team supporting one another and the processes that were put in place that made us feel a lot more grounded and capable of handling whatever we had to deal with. The team was vital to us feeling empowered.

COVID has given us more perspective on what it means to be well and healthy in all parts of our lives. \mathbf{N}

Jen Poon Emergency Care Nurse

Our People

AHCL boasts a remarkable team of dedicated and passionate people who are the foundation of our reputation for excellence. Many are recognised within our community for the unique care and talents which set them apart.

Staff and Volunteers celebrated

As with so many events this year, Staff Week was celebrated differently.

Timed to coincide with International Day of the Midwife, International Nurses Day, and National Volunteers Week all in May, staff week celebrations featured AHCL nursing executive and managers expressing their gratitude and appreciation to staff in song with lyrics reflecting the challenges experienced as a result of COVID-19, and an Interdepartmental Bed Making Challenge won by our San Education team.

While our 500 strong San Volunteer team were not physically at the hospital, the immense impact they have was acknowledged during the week. **Over 40 volunteers were recognised for their 10, 15, 20, 30 and 35 years of service milestones** via email and social media, and hospital staff sent many engaging and supportive messages including photos taken with smiley faces and messages on their hands as they gave a 'Wave of Appreciation' in support of our wonderful volunteers.

Focus Week

Our 2020 annual 'Focus Week' was scheduled to be held over 2 days in June 2020 with the theme of 'Empowerment' - the fourth and last element of CARE in the More Care program (Connection, Accountability, Respect, Empowerment).

This annual event provides time for the leadership team to focus on our Vision, Mission and Strategic Focus for the next year. Unfortunately due to the COVID restrictions – our 'Focus Week' became 'Focus Hours' reduced to a 2 hr Zoom webinar.

We look forward to holding the full event again in the future when restrictions allow.

Fitness Passport

The Fitness Passport Program launched in 2016 continues to grow in popularity, providing staff with access to multiple gyms and pools at very low cost. With approximately 350 facilities participating in the program throughout Sydney and the Central Coast, AHCL staff are offered a wide variety of choice.

Staff have the option of single and family memberships to cover themselves, partners and dependents.

There are currently more than 350 memberships covering over 710 AH(L staff and family members

International Year of the Nurse and Midwife

The San celebrated the invaluable contribution of our 1,195 nursing staff as part of the World Heath Organisations' International Year of the Nurse and the Midwife.

Recognising the special role that San nurses play in caring for all our patients, former nurse and current Nursing & Operations Executive Clare Lumley expressed her pride in the feedback received from patients about the excellence in nursing care they experience here at the San. Simple tasks done well add up to good quality care and kind words, taking time to speak with someone, the gentle holding of a hand, or making sure a patient has had a shower that day are actually the key things that are important to people.

Leading over 91 San midwives in the San's Maternity and Birthing Unit, Manager Annie Marshall knows the role a midwife plays in supporting a woman during pregnancy and birth is unique, and this influenced her own decision to train as a midwife over 30 years ago after having her first baby. She feels it is a privilege and the most rewarding career in the world.

Having initially trained as a nurse before moving into executive administration, AHCL CEO Brett Goods is a passionate advocate for nursing and nurses, saying nurses and midwives across the world are paramount to delivering healthcare and compassion and Adventist HealthCare is very lucky and thankful to have some of the best professionals who provide quality and excellence in all their interactions with the community. He thanked all San nurses and midwives for their invaluable work.

Homecoming

The annual San Homecoming event was watched online this year with live streamed Sabbath School and Church services celebrating the San's history, commitment to our Mission of Christianity in Action, and our vision for a brighter future – inspiring hope and wellbeing for the communities we serve. AHCL Board Member Daryl Cheng was a key speaker for Homecoming this year. Videos of both services were made available online after the event for community members unable to view it live.



Midwife Rebecca Nati looks after a mum and her new San baby (main), the team celebrate International Year of the Nurse and Midwife (top) Maternity NUM Annie Marshall (on left) and other staff

OF THE

NURSE AND MIDWIFE

INTERNATIONAL YEAR 2020

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Appointments and Awards

Professor Simon Finfer was appointed an Officer (AO) of the Order of Australia (General Division) in the

Queen's Birthday Honours. Professor Finfer is Director of Intensive Care at Sydney Adventist Hospital and has been on the team leading the Hospitals response to the COVID-19 pandemic. He was nominated for his service to intensive care medicine, medical research and education, as well as service to global health institutes.

He is founder of the research and advocacy body the Australian Sepsis Network and has been working with the prestigious The George Institute for 20 years.

Associate Professor Munjed Al

Munderis, San orthopaedic surgeon and human rights advocate, was awarded NSW Australian of the Year 2020, nominated for his surgical innovations and humanitarian work, funding his team to travel to Iraq to treat victims of conflict, and education in complex limb reconstruction techniques.

Workplace Giving

AHCL's Workplace Giving program offers employees the opportunity to donate to a variety of causes direct from their wages.

We all have times we could do with a helping hand, or when we might like to give a helping hand. As a result AHCL has established a Caring for our Colleagues Fund. Supporting our Mission of Christianity in Action, the fund enables the donation of funds to help staff during times of need, offering practical support and showcasing care for staff not only in their workplace environment but also in their private lives.



What was striking about COVID-19 was the way healthcare teams came together quickly after we saw what was happening in Northern Europe and the USA. We knew we had to get ready.

We had to treat a new disease, provide best care, and protect ourselves to protect our patients...

What's characteristic about people who work in healthcare is that they tend to run towards the fire, rather than away from it.

At the San, where you already have a culture of team work and trust, that's exactly what we saw.

This culture meant everyone stepped up producing protocols and processes in preparation.

No one likes to think about the hundreds of thousands of people around the world that the Pandemic has killed...but the advance preparation has strengthened our existing teams creating even closer and new working relationships.

It's bought out the best in humanity. It's going to benefit our future patients.

Professor Simon Finfer AO

Director San Intensive Care Unit, Adventist HealthCare COVID-19 Emergency Planning Committee

Recycling Activities

AHCL is now partnering with CICLO, an eco-sustainability company in a project aimed at making the San a greener hospital. Initially focused on recycling all of our single use stainless steel, CICLO recycling bins for stainless steel items are now placed throughout the wards meaning scissors, clamps, forceps and other stainless steel objects can be taken away to be melted down and made into something new.

Sustainability

AHCL has an Environmental Sustainability Plan to help manage our resources efficiently and minimise waste as a means of improving our environmental footprint for the health and wellbeing of our community.

We are a corporate member of the NSW Government Office of Environment and Heritage Sustainability Advantage program and have been awarded Bronze status which requires a number of measurable achievements in waste management, utility usage, policies and education.

Our Waste & Environmental Management Committee continue to meet quarterly to oversee measures, reports and plans for new projects. Work has continued on a draft document for our corporate sustainability goals that are aligned with Sustainable Development Goals used in more than 175 countries and established at the International Paris Agreement for Managing Climate Change in 2015.

With the challenges of providing healthcare services under a pandemic event, our AHCL sustainability program has been tested. Surface contamination has accelerated single-use item usage such as Personal Protective Equipment (PPE). In order to minimise the transfer of infection, we ceased our 'Keep Cup' program and reverted to single use cups. To off-set this decision, we worked with our suppliers to source food containers that were predominantly made of compostable material.

At the onset of the pandemic, doctors and nurses increased their usage of procedural scrubs in all areas where COVID patients were treated as a means to support infection control measures both within the hospital and for our wider community. The increased demand for laundered scrubs created a short-term challenge for our linen supplier. With the global linen market impacted by the pandemic, hospital staff and volunteers worked together to develop a pattern to sew disposable scrubs using kimguard (a type of plastic fabric used for wrapping sterile theatre instruments). We have been fortunate in maintaining an adequate supply of linen scrubs, so this safeguard was not put into practice. The use of kimguard for disposable scrubs remains a future option should exceptional circumstances return.

Kimguard has become a useful commodity in homemade face masks. As one of 3 fabric layers, it provides a useful water-repellent component for a home-made mask. Our volunteers have been busy sewing cloth masks for sale for our visitors through San Foundation. We are continuing to look for opportunities to use kimguard for other purposes.

Recycling activities currently include:

- Cardboard and selected paper recycling as well as co-mingled recycling
- Soft plastic recycling
- Mattress recycling
- Printer cartridge recycling
- Recycling (or re-purposing) trial for single use scissors and clamps
- Recycling of contact lenses and packaging for charity
- Recycling of non-rechargeable batteries
- Plastic recycling in theatres pilot program
- Metal recycling of large items

Other initiatives include:

- Clinical waste audits are conducted training is provided for those areas that fall below the benchmark
- Monitoring of electricity, gas and water usage together with an ongoing program of optimising usage through areas such as HVAC monitoring & adjustment, LED globe installation, purchase of 'high star rating' electrical appliances
- Champions sought in each area to support
 new initiatives



SAN FOUNDATION ANNUAL REPORT 2020

San Foundation

Established in 1987 to support Sydney Adventist Hospital, San Foundation works with our community to raise vital funds to help the hospital remain at the forefront of healthcare delivery and extend their caring expertise to as broad a community as possible.

Under the guidance of a dynamic Board chaired by Richard Warburton AO LVO, and the leadership of Karen Gair, Managing Director, San Foundation was able to provide a total of \$5.8M in support to the hospital. This tremendous support was only made possible through the generosity and selflessness of our community of donors, whose gifts have helped deliver some truly ground-breaking projects as well as vital aid during the early COVID-19 pandemic stages.

Four new members joined the San Foundation Board of Directors in November 2019, each bringing tremendous experience and expertise. We welcome Greg Hayes, Gregory Hing, Jebby Phillips and Stuart Rodger.

The Charles Warman Foundation Cardiothoracic Theatre

Thanks to the vision and overwhelming support of the Charles Warman Foundation, the San has a completely refurbished Cardiothoracic Theatre and Perfusion Room. The new theatre features advanced 4K overhead cameras which share clear and amplified imagery and patient data via multiple large screens so the whole theatre team can see and adapt for surgical needs. This future-proofed theatre allows for safer, more efficient and innovative surgical techniques to support our renowned surgeons.

COVID-19 Emergency Support

San Foundation supporters responded with heartfelt aid when the hospital urgently needed supplies and support to manage through the early stages of the pandemic. Throughout this turbulent period, San Foundation donors enabled us to provide help with critical supplies of masks, scrubs, cleaning equipment, care packs for emergency patients and some creature comforts for our hardworking front-line teams. We also provided additional resuscitation trolleys and highly sensitive blood oxygen monitors which was of great benefit in early infectious stages, but will have a long term benefit well into the future.

THOR – Advanced Room Sterilising System

Looking every bit like the robot it is, THOR is an extraordinary room sterilising unit which uses powerful UV-C light to quickly eradicate 99.9% of bacteria and viruses like COVID-19. Thanks to the generosity of San Foundation supporters, SAH is the first NSW hospital with a THOR device. The robot is currently in use in operating theatres but is easily wheeled to other departments such as infectious wards as needed.



New Cancer Patient Nurse Navigators

Our focus on caring for the whole person has been brought to life by San Foundation donors through the addition of new cancer patient nurse navigators. Extending the program of current breast cancer navigators, the new nurse navigators will work with colorectal and prostate cancer patients to support them as they work through their diagnosis, treatment and beyond.

Butterfly Room

San Maternity opened the Butterfly Room this year with thanks to the care and passion of one family. The Butterfly Room is a dedicated space for parents who suffer the loss of a still born and is specially set up to appear less like a delivery suite with softer furnishings, and a more comfortable space for the family to spend time with their baby.

2019 Donor Thankyou Event

Supporters of San Foundation were enthralled by The Hon. Dr Brendan Nelson, guest speaker at the Annual Donor Thankyou luncheon in November 2019. In his address, Dr Nelson likened the caring support of donors to the selfless motivation of service men and women.

Impacting Lives Every Day

In addition to major projects and new initiatives, gifts to San Foundation also support ongoing programs to improve patient care and wellbeing, including:

- Multi-disciplinary team meeting support and enablement
- The San's unique Palliative Care in the Home service
- Additional new recliner chairs in our cancer ward

 the Poon Ward. These chairs offer incredible comfort for frail patients as well as sleepover options for their family
- A new chemotherapy trolley for the Poon Ward so that trained nurses can administer vital therapy to more patients on the ward rather than relocating them to the Day Infusion Centre
- Various nurse education opportunities have been provided through donor gifts, for instance cancer patient management, chemotherapy drug administration and urological specialty training
- Replacement PET CT equipment
 - Wellbeing courses (this year online) for our community, like life writing, mindfulness and various support groups



Sydney Adventist Hospital

Sydney Adventist Hospital remains NSW's largest private hospital with over 700 beds, including 523 overnight beds.

Our team of remarkable clinicians and staff deliver a comprehensive range of acute surgical, medical and obstetric care including complex cardiac procedures, robotics and minimally invasive surgery, with an integrated cancer centre and rehabilitation services onsite. This is complemented by an extensive range of diagnostic, allied health, outpatient and support services including rehabilitation and cancer support. Committed to being at the forefront of clinical advances, the hospital has state-of-the-art facilities and technology, and a strong focus on research and clinical trials.

Through partnerships with the University of Sydney Faculty of Medicine and Avondale University College Faculty of Nursing, the hospital is an education hub with a purpose built clinical school onsite training medical, nursing and allied health students.

While SAH activity was significantly impacted by the COVID-19 pandemic during 2019/20, the hospital continues to provide leading healthcare services to its community within a safe environment for patients, visitors staff and doctors, and providing innovative service delivery where face-to-face options may not be possible.



18,063

emergency care presentations



total patient episodes





1,589 babies delivered





Key AHCL Businesses

San Day Surgery Hornsby

Originally established in 1986 as NSW's first private day surgery, the San Day Surgery Hornsby is a specialised surgical centre with a personalised approach.

Widely recognised for its particular expertise in procedures for eye conditions, dental surgery, paediatric procedures and cosmetic procedures, the San Day Surgery Hornsby has an exceptionally skilled and efficient team providing specialised care for short stays.



accredited medical officers



San Radiology & Nuclear Medicine

San Radiology & Nuclear Medicine has provided quality imaging services to the community for over four decades.

Well recognised as a leader in the provision of comprehensive diagnostic imaging, nuclear medicine and interventional radiology services San Radiology and Nuclear Medicine performs more than 82,500 examinations a year.

With a continued commitment to be at the forefront of imaging technology, San Radiology and Nuclear Medicine boasts a comprehensive suite of 'new generation' imaging equipment as well as leading edge technology tools to deliver high quality diagnostic information to treating doctors rapidly.

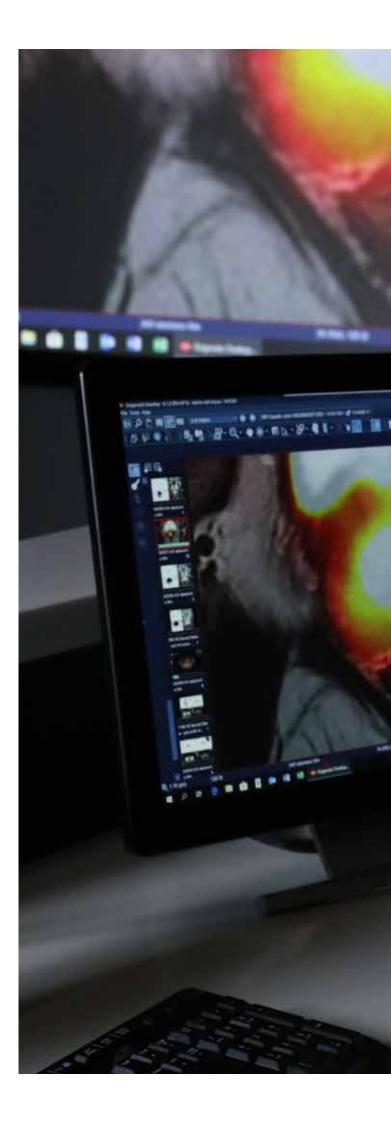
San Radiology and Nuclear Medicine is staffed by highly experienced and dedicated Radiologists, Radiographers, Sonographers, Interventionists and Nuclear Scientists as well as specialised nurses and support staff who are all committed to delivering personalised care for patients.

During 2019/20, SRNM continued to expand its imaging and interventional capabilities with the opening of Parkway San Clinic and a new interventional radiology suite on the main hospital campus.

These facilities, as well as new specialised new recruits have seen further strengthening of SRNM's expertise in key areas.



82,896 imaging investigations total patient episodes



*(*My brain has always been naturally wired to visual learning and in the final stages of medical school I realised that I preferred diagnostics over therapeutics. A speciality career in medical imaging was a natural choice for me.

Fusing CT and MRI with PET gives me the ultimate understanding of disease processes, particularly cancer. That's why I became a dual qualified imaging specialist before doing a body oncology imaging fellowship at Memorial Sloan Kettering Cancer Centre, New York.

San Radiology and Nuclear Medicine is the only imaging centre in Australia where I have seen standards even better than that of North American Ivy League institutions. My passion is prostate cancer and particularly emerging prostate imaging modalities, such as PSMA PET MRI.

The San is one of the only centres to offer a dedicated prostate cancer MDT. Our prostate MDT is a close knit world class group, and our cohesiveness and constant communication provides patients with a unique advantage.

Do we offer the best prostate cancer experience in Australia? Absolutely! Now time to put into action my dream of an Australian-first prostate cancer centre.⁾

Dr Lisa Tarlinton

Clinical Director, San Radiology and Nuclear Medicine

ELIA Wellness

Promoting a healthy lifestyle has been a priority since Sydney Adventist Hospital first opened in 1903, and AHCL is pleased to welcome healthy lifestyle advocate ELIA Wellness under its corporate umbrella in September 2020. ELIA Wellness was formed in 2016 to champion the cause of lifestyle medicine in research, policy and practice. ELIA Wellness will be financially independent from Sydney Adventist Hospital however will benefit from the alliance, and will complement the hospital's mission of helping promote health and healing of the body, mind, and spirit of patients, staff and wider community. **BOARD OF DIRECTORS** ANNUAL REPORT 2020

2019 - 2020 Board of Directors

Adventist HealthCare Limited

Pastor Glenn Townend, Board Chair Brett Goods, Chief Executive Officer Rodney Brady Dr Daryl Cheng Kevin Jackson Francois Keet Geraldine Przybylko Kathy Raethel Pastor Lionel Smith Martina Stanley Prof John Watson

Executive Committee

Adventist HealthCare Limited







Brett Goods Chief Executive Officer, BSc (Nursing), Advanced DipBusMgt

Dr Jeanette Conley Medical & Clinical Governance Executive, DipAppSci (Nurs), B Med, GradDipAppFin, GradCertHealthEc&Policy, MBA, FRACMA, SA Fin, GAICD

Clare Lumley Nursing & Operations Executive, BA(Nurs), GradCertCriticalCare, GradDipHealthAdmin&Ed, MhealthSc, JurisDrMLaws, GradCertClinicalRedesign&Innov, GradCertCulture&Leadership



Philip West Chief Financial Officer & Services Executive, Dip Bus, Grad Dip Bus, MCom, FCPA MEDICAL ADVISORY COMMITTEE ANNUAL REPORT 2020

Medical Advisory Committee

Sydney Adventist Hospital

Chairperson, Medical Advisory Committee
Deputy Chairperson, Medical Advisory Committee; Head of Department, Urology
Secretary, Medical Advisory Committee; Medical & Clinical Governance Executive
Clinical Director, Division of Surgical Services; Head of Sydney Adventist Hospital Clinical School
Clinical Director, Division of Medicine; Director of Research
Clinical Director, Division of Acute & Primary Care; Director Emergency Care
Director of Cancer Services
Deputy Director, Division of Surgical Services; Head of Department, Anaesthetics
Deputy Director, Division of Medicine
Deputy Director, Division of Acute & Primary Care; Clinical Director Radiology & Nuclear Medicine
Recording Secretary, Medical Advisory Committee; Medical Services Coordinator

Division of Medicine

Dr Geoffrey Herkes

A/Prof Gavin Marx Dr Chhaya Tangirala Dr Jeanette Conley

Dr Ru Dee Ting Dr Jane Freeman Dr Katherine Benson Dr Saurabh Gupta Dr Auriel Jameson

Dr Sarah Roxburgh Dr Peter Puhl Dr Pearl Chung Dr Niranjan Tillekeratne Clinical Director, Division of Medicine; Director of Research

Director of Cancer Services

Deputy Director, Division of Medicine

Medical Services Representative, Division of Medicine; Medical & Clinical Governance Executive

Head of Department, Cardiology

Head of Department, Clinical Haematology

Head of Department, Endocrinology

Head of Department, Gastroenterology

Head of Department, General & Geriatric Medicine

Head of Department, Nephrology

Head of Department, Neurology

Head of Department, Rehabilitation

Head of Department, Respiratory Medicine

Division of Surgical Services

A/Prof Michael Hughes	Clinical Director, Division of Surgical Services; Head of SAHCS
Dr Mark Bukofzer	Deputy Director, Division of Surgical Services; Head of Department, Anaesthetics
Dr Catharina de Muelenaere	Medical Services Representative, Division of Surgical Services; Director of Medical Services
Dr Ian Nicholson	Head of Department, Cardiothoracic Surgery
Dr Bill Johnston	Head of Department, ENT Surgery
Dr Walid Barto	Head of Department, General Surgery & Associated Subspecialties
Prof Simon Finfer	Director Intensive Care
Dr James Van Gelder	Head of Department, Neurosurgery
Dr Girija Prahbala	Head of Department, Obstetrics & Gynaecology
Dr Roderick Brooks	Head of Department, Orthopaedic Surgery
Dr Neil Ginsberg	Head of Department, Paediatrics & Paediatric Surgery
Dr Graham Sellars	Joint Head of Department, Plastic & Reconstructive Surgery
Dr John Kippen	Joint Head of Department, Plastic & Reconstructive Surgery
Prof Henry Woo	Head of Department, Urology
Dr Pecky De Silva	Head of Department, Vascular Surgery

Division of Primary and Acute Care

Dr Greg McDonald	Clinical Director, Division of Acute & Primary Care; Director Emergency Care
Dr Lisa Tarlinton	Deputy Director, Division of Acute & Primary Care; Clinical Director Radiology & Nuclear Medicine
Ms Catherine Murphy	Medical Services Representative, Division of Acute & Primary Care; Assistant Director of Medical Services
Dr Mason Reeder	Head of Department, Career Medical Officers
Dr Barry Mayes	Head of Department, General Practice
Dr Jenny Posen	Pathology Representative

Medical Advisory Committee

San Day Surgery Hornsby

Dr Antonio Carozzi	Chairman, Anaesthetist
Dr Neha Aggarwala	Anaesthetist
Dr Anil Arora	Ophthalmologist
Dr Stuart Deane	Oral and Maxillofacial Surgeon
Dr John Flood	Plastic & Reconstructive Surgeon
Dr Graham Gumley	Hand Surgeon
Dr Ian Hargreaves	Hand Surgeon
Dr Con Moshegov	Ophthalmologist
Dr Graham Sellers	Plastic & Reconstructive Surgeon
Dr Michelle Tjeuw	Paediatric Dentist
Dr Sven Whitehouse	Ophthalmologist
Dr Kristian Van Mourik	Oral and Maxillofacial Surgeon

A teaching hospital of







Adventist HealthCare 185 Fox Valley Road, Wahroonga NSW 2076 Telephone: 02 9480 9111 www.adventisthealthcare.org.au ABN 76 096 452 925